

**December**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>13</b>	<b>14</b> 6:45AM Morning Lift  3:30PM – 5:30PM Practice	<b>15</b> 3:30PM – 5:30PM Practice	<b>16</b> NO PRACTICE  <b><u>ALL WRESTLERS</u></b> <b><u>JV Jamboree at</u></b> <b><u>Chantilly HS</u></b> CHS 4PM Weigh-In 5PM Wrestle 6PM	<b>17</b> 3:30PM – 5:30PM Practice	<b>18</b> <b>2 Hour Early Dismissal</b>  1PM – 3PM Practice  <b>6 Varsity wrestlers to Beast of the East. Depart for Newark, DE at the convenience of individual parent carpools.</b>	<b>19</b> <b><u>Junior Varsity at Northwest HS (MD)</u></b> CHS 6:00AM Bus 6:15AM Weigh-In 7AM Wrestle 8AM  <b><u>Beast of the East (6 Varsity wrestlers)</u></b> Weigh-In 6:30AM Wrestle 8:30AM
<b>20</b>	<b>21</b> 10AM – 12PM Practice	<b>22</b> 10AM – 12PM Practice	<b>23</b> <b><u>ALL WRESTLERS</u></b> <b><u>Quad at</u></b> <b><u>Chantilly HS</u></b> CHS 8AM Weigh-In 9AM Wrestle 10AM	<b>24</b> <b><u>OPTIONAL</u></b> <b><u>PRACTICE</u></b>	<b>25</b> <b><u>NO PRACTICE</u></b>	<b>26</b> 10AM – 12PM Practice
<b>27</b>	<b>28</b> 10AM – 12PM Practice  Varsity departs for Shillington, PA at the convenience of individual parent carpools.	<b>29</b> 10AM – 12PM Junior Varsity Practice  <b><u>Varsity at</u></b> <b><u>Governor Mifflin</u></b> <b><u>Shillington PA</u></b> Weigh-In 7:45AM Wrestle 10AM	<b>30</b> 10AM – 12PM Junior Varsity Practice  <b><u>Varsity at</u></b> <b><u>Governor Mifflin</u></b> <b><u>Shillington PA</u></b> Weigh-In 10AM Wrestle 11AM	<b>31</b> <b><u>NO PRACTICE</u></b>	<b>1</b> <b><u>NO PRACTICE</u></b>	<b>2</b> <b><u>10AM – 12PM Practice</u></b>